



# 10th Sunday after Pentecost

## A Service of Holy Eucharist

Saturday, July 31, 5 pm  
Sunday, August 1, 10:15 am

10:15 am = Music

### Prelude

### Welcome / Announcements

### Opening Hymn

### Come to Us

*The congregation is invited to sing softly.*

### Gather 740, v. 1-3



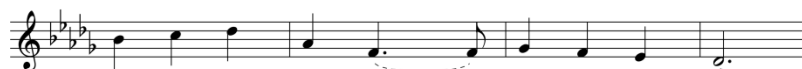
1. Come to me, come to us, you who are bur-dened.  
2. Come to me, come to us, pil - grim or stran - ger,  
3. Come to me, come to us, bro - ken or build - ing,



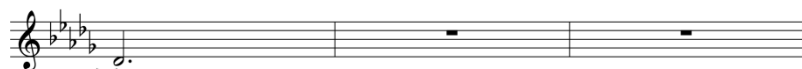
Come to the word, and come to the meal.  
look - ing for change, or chal - lenge, or light.  
Come with your chil - dren, your choic - es, your chains.



Come with-out ques - tion or pres - sure or price:  
We are the peo - ple whose call - ing is care,  
All are in - vit - ed to friend-ship or rest, to



Come, be em - braced by the bod - y of Christ.  
bear - ers of mer - cy, nour - ished in prayer.  
share in our strug - gle, our call and our quest.



Text: Rory Cooney, b.1952  
Tune: Rory Cooney, b.1952  
© 1986, North American Liturgy Resources. Published by OCP Publications.

### Liturgical Greeting

Priest Blessed be the one, holy, and living God.  
People **Glory to God for ever and ever. Amen.**

### Collect for Purity

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love  
you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

## Song of Praise

1 John 4:7-11

Beloved, let us love one another, \* **for love is of God.**

Whoever does not love does not know God, \* **for God is Love.**

In this the love of God was revealed among us, \*

**that God sent his only Son into the world, so that we might live through Jesus Christ.**

In this is love, not that we loved God but that God loved us \* **and sent his Son that sins might be forgiven.**

Beloved, since God loved us so much, \* **we ought also to love one another.**

For if we love one another, God abides in us, \* **and God's love will be perfected in us.**

## Collect of the Day

Deacon God be with you.

**People And also with you.**

Deacon Let us pray together

**Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

# Liturgy of the Word

## The Reading

Exodus 16:2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Hear what the Spirit is saying to God's people. **Thanks be to God.**

## Psalms 78:23-29

23 So he commanded the clouds above \*  
**and opened the doors of heaven.**

24 He rained down manna upon them to eat \*  
**and gave them grain from heaven.**

25 So mortals ate the bread of angels; \*  
**he provided for them food enough.**

26 He caused the east wind to blow in the heavens \*  
**and led out the south wind by his might.**

27 He rained down flesh upon them like dust \*  
**and winged birds like the sand of the sea.**

28 He let it fall in the midst of their camp \*  
**and round about their dwellings.**

29 So they ate and were well filled, \*  
**for he gave them what they craved.**



1. I come with joy, a child of God, For -  
 2. I come with Chris - tians far and near To  
 3. As Christ breaks bread, and bids us share, Each  
 4. The Spir - it of the ris - en Christ, Un -  
 5. To - geth - er met, to - geth - er bound By



giv - en, loved, and free, The life of Je - sus  
 find, as all are fed, The new com - mu - ni -  
 proud di - vi - sion ends. The love that made us,  
 seen, but ev - er near, Is in such friend - ship  
 all that God has done, We'll go with joy, to



to re - call, In love laid down for me.  
 ty of love In Christ's com - mu - nion bread.  
 makes us one, And stran - gers now are friends.  
 bet - ter known, A - live a - mong us here.  
 give the world The love that makes us one.

Text: Brian Wren, b.1936, © 1971, 1995, Hope Publishing Co.  
 Tune: LAND OF REST, CM; American; harm. by Annabel M. Buchanan, 1888-1983

## Gospel

John 6:24-35

The Holy Gospel of our Lord Jesus Christ according to John.

### Glory to you Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

### Praise to you, Lord Christ.

## Homily

Rev. Pat Genereux

## Creed

**We believe in God the Father, from whom every family in heaven and on earth is named. We believe in God the Son, who lives in our hearts through faith, and fills us with his love. We believe in God the Holy Spirit, who strengthens us with power from on high. We believe in one God; Father, Son and Holy Spirit. Amen.**

## The Prayers of the People

Form III

BCP 387

Father, we pray for your holy catholic Church;

**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for Michael, our Presiding Bishop, Alan our Bishop, and all Bishops, for Mary, Milton, Pat, Bill, and all Priests, and for Jeanie and all Deacons;

**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority, in the nations of the world;

**That there may be justice and peace on the earth.**

For peace in Sudan and South Sudan; for Archbishop Samuel, Bishop Richard, their families, and the Episcopal Church in Sudan and South Sudan. Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

For those who suffer in body, mind or spirit, especially Tom, Danny, Bob, and Bill - have compassion on those who suffer from any grief or trouble;

**That they may be delivered from their distress.**

For those who have died, especially Beverly Jane Gilbert - give to the departed eternal rest;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;

**May we also come to share in your heavenly kingdom.**

We give you thanks for the blessings of this life:

For those celebrating a birthday, especially Hildy, Sharelle, Alex, and John;

For those who are to be married, especially Sarah & Alex, and Vanessa & David;

For those celebrating an anniversary, especially Elizabeth & Mark, Liz & Scott, Katy & Nik, Mindy & Jacob, Pam & Frank, Marcy & Marty, and Lisa & Jim;

For those awaiting the birth of a baby, especially Carly & Mike, and Lizzie & Keshawn; and

For our 2nd Offering partner in August Youth Justice Initiative.

Let us pray for our own needs and those of others.

For those in service to our country, especially Scott, Jack, Zach, Marshall & Reece;

For those seeking ordination, especially Abigail;

For Trinity Cathedral in Davenport and the Cathedral Church of St. Paul in Des Moines in the Diocese of Iowa;

For the clergy and all people of our companion Dioceses of Brechin, Nzara, and Swaziland;

For St. Timothy's Search Committee and our St. Timothy's community as we search for our next rector;

For Bishop Scarfe and his wife Donna as they move through this time of transition and into retirement;

For the victims of war and oppression and for all who seek a just peace.

## Concluding Collect

**Deacon** God who meets us in our deepest darkness, we ask your guidance to help us notice the glimpses of light and reminders of love around us so that we may be your light and love in the world. **Amen.**

## Confession

Let us confess our sins to God.

**God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

## Absolution

Almighty God have mercy on us, forgive us all our sins through the grace of Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

## Minute for Mission

**The Peace**      *We can safely greet each other with a nod, a spoken "Peace," or other distanced acknowledgement.*

The Peace of the Lord be always with you.

**And also with you.**

# Liturgy of the Table

## Offertory Voluntary

## Doxology

## Praise to the Lord, the Almighty

Gather 536, v. 4

**Praise to the Lord – O let all that is in us adore him!  
All that has life and breath come now with praises before him!  
Let the "Amen!" Sound from his people again –  
Gladly with praise we adore him!**

## The Great Thanksgiving

Form 1

BCP 402

Priest      The Lord be with you.

**People      And also with you.**

Priest      Lift up your hearts.

**People      We lift them to the Lord.**

Priest      Let us give thanks to the Lord our God.

**People      It is right to give God thanks and praise.**

It is indeed right to give you our thanks and praise, O God, for you have sent us bread from heaven to give life to the whole world. And so we join the saints and angels in proclaiming your glory, as we say,

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

You are above all and through all and in all, and by your word all things were created. You fed your people with manna from heaven, and even when they defied you, if they turned from their callous ways, you fed them again with your wisdom and truth.

In your Son, Jesus Christ, you have offered yourself to us as the bread of life that we might be nourished and built up as one body in the bond of peace. Though he was murdered by those he fought to save, you raised him from the depths of the earth to fill the whole universe with his gifts and baptize all things into one body, held together by one spirit, under one Lord.

And so, Father, we bring you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate the memorial of your Son. By means of this holy bread and cup, we show forth the sacrifice of his death, and proclaim his resurrection, until he comes again.

Gather us by this Holy Communion into one body in your Son Jesus Christ. Make us a living sacrifice of praise.

**By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. AMEN.**

### **The Lord's Prayer**

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

### **Breaking of the Bread**

We break this bread to share in the Body of Christ.

**We who are many are one body, for we all share in the one bread.**

### **Invitation to Communion**

The gifts of God for the people of God.

### **Communion**

*The usher will guide you forward to receive communion from the clergy.*

### **Communion Voluntary**

### **Prayer of Thanksgiving**

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

### **Blessing**

Go out from here and live lives worthy of the one calling which we all share. In humility, gentleness and patience, speak only what is true and loving and so grow into the unity that is ours in Christ.

And may God the creator reshape your hearts; May Christ Jesus, the bread of life, sustain you always; and may the Holy Spirit unite you in the bond of peace. **Amen.**



1. God, whose pur - pose is to kin - dle: Now ig - nite us  
 2. God, who in your ho - ly gos - pel Wills that all should  
 3. God, who still a sword de - liv - ers Rath - er than a



with your fire; While the earth a - waits your burn - ing,  
 tru - ly live, Make us sense our share of fail - ure,  
 plac - id peace, With your sharp - ened word dis - turb us,



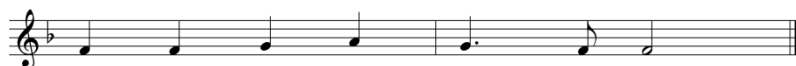
With your pas - sion us in - spire. O - ver - come our  
 Our tran - quil - li - ty for - give. Teach us cour - age  
 From com - pla - cen - cy re - lease! Save us now from



sin - ful calm - ness, Stir us with your sav - ing name;  
 as we strug - gle In all lib - er - at - ing strife;  
 sat - is - fac - tion, When we pri - vate - ly are free,



Bap - tize with your fi - ery Spir - it,  
 Lift the small - ness of our vi - sion  
 Yet are un - dis - turbed in spir - it



Crown our lives with tongues of flame.  
 By your own a - bun - dant life.  
 By our neigh - bor's mis - er - y.

Text: Luke 12:49; David E. Trueblood, 1900-1994, © 1967, David Elton Trueblood  
 Tune: HYMN TO JOY, 8 7 8 7 D; arr. from Ludwig van Beethoven, 1770-1827, by Edward Hodges, 1796-1867

### Dismissal

**Deacon** Alleluia! Alleluia! We love and serve the Lord when we go into the world as it is and do our work to bring God's kingdom into our here and now. So let us go forth to be the hands and feet and voice of Jesus.

**People** **We will, with God's help. Alleluia. Alleluia.**

**CCLI License #2822170 + 20755226 + OneLicense # A703372**  
**Eucharistic Prayer from laughingbird.net**

*Altar Flowers this weekend are in celebration of the life of George Eldridge.*

# 2<sup>nd</sup> OFFERING PARTNER



## YJI – Youth Justice Initiative

*The West Des Moines Youth Justice Initiative is a community - based participatory restorative justice process. YJI engages crime victims and community members in the justice process, holding young offenders directly accountable to the people and community they have harmed, restoring as far as possible the losses of victims and providing a range of opportunities for dialoging and problem solving whenever possible, which can lead to a greater sense of community safety, social harmony and peace for all.*

*Questions? Contact Mary at [rector@sttimothyiowa.org](mailto:rector@sttimothyiowa.org)*

---

### **CDC Interim Public Health Recommendations for Fully Vaccinated People Updated July 28, 2021**

Guiding Principles for Fully Vaccinated People:

- Outdoor activities pose minimal risk to fully vaccinated people.
- Most indoor activities pose low risk to fully vaccinated people, especially in areas with low or moderate transmission.
- Infections happen in only a small proportion of people who are fully vaccinated, even with the Delta variant.
- Fully vaccinated people who become infected with the Delta variant can transmit it to others.

To reduce their risk of becoming infected with the Delta variant and potentially spreading it to others, CDC recommends that fully vaccinated people:

- Wear a mask in public indoor settings if they are in an area of [substantial or high transmission](#). (Polk County is at MODERATE transmission but is surrounded by counties that are SUBSTANTIAL AND HIGH.)
- Fully vaccinated people might choose to mask regardless of the level of transmission, particularly if they or someone in their household is immunocompromised or at [increased risk for severe disease](#), or if someone in their household is unvaccinated.
- Get tested if experiencing [COVID-19 symptoms](#).
- Isolate if they have tested positive for COVID-19 in the prior 10 days or are experiencing [COVID-19 symptoms](#).
- Get tested 3-5 days after exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days after exposure or until they receive a negative test result.
- Continue to follow any applicable federal, state, local, tribal, or territorial laws, rules, and regulations.



**SAINT TIMOTHY'S**  
EPISCOPAL CHURCH & PRESCHOOL  
WE ARE CHRIST'S HANDS • FEET • VOICE IN THE WORLD

1020 24<sup>th</sup> Street + West Des Moines, IA 50266  
515.225.2020 / [office@sttimothyiowa.org](mailto:office@sttimothyiowa.org)  
[www.sttimothyiowa.org](http://www.sttimothyiowa.org)