



7th Sunday after Pentecost

A Service of Holy Eucharist

Saturday, July 11 | 5 pm

Sunday, July 12 | 10:15 am

Childcare for infants through 4 years old is available on Sunday morning on the lower level, near the north entrance.

THE LITURGY OF THE WORD

Prelude

Welcome

Please stand as you are able.

Opening Hymn

O Worship the King

Hymnal 388

1 O wor - ship the King, all glo - rious a - bove!
 2 O tell of his might! O sing of his grace!
 3 The earth, with its store of won - ders un - told,
 4 Thy boun - ti - ful care, what tongue can re - cite?
 5 Frail chil - dren of dust, and fee - ble as frail,

1 O grate - ful - ly sing his power and his love!
 2 Whose robe is the light, whose can - o - py space.
 3 Al - might - y, thy power hath found - ed of old,
 4 It breathes in the air; it shines in the light;
 5 in thee do we trust, nor find thee to fail;

1 Our shield and de - fend - er, the An - cient of Days,
 2 His char - iots of wrath the deep thun - der - clouds form,
 3 hath stab - lished it fast by a change - less de - cree,
 4 it streams from the hills, it de - scends to the plain,
 5 thy mer - cies, how ten - der! how firm to the end!

1 pa - vil - ioned in splen - dor, and gird - ed with praise.
 2 and dark is his path on the wings of the storm.
 3 and round it hath cast, like a man - tle, the sea.
 4 and sweet - ly dis - tills in the dew and the rain.
 5 Our Ma - ker, De - fend - er, Re - deem - er, and Friend!

Words: Robert Grant (1779-1838). Music: *Hanover*, att. William Croft (1678-1727).

Liturgical Greeting

Priest Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's Kingdom, now and forever. Amen.**

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria

Hymnal S280

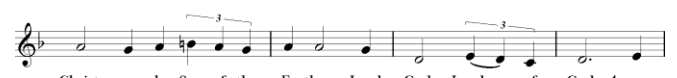
Glory to God in the highest,
and peace to his people on earth.



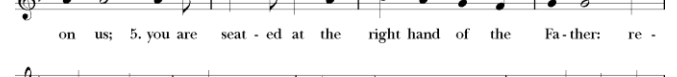
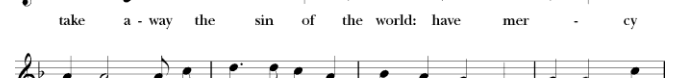
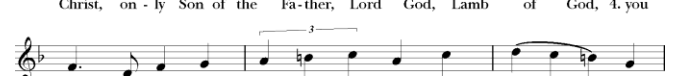
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.



Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.



For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.



The Collect of the Day

Deacon The Lord be with you.
People **And also with you.**
Deacon Let us pray



O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Children Living the Word Commissioning

At this time, children ages 4 years old through 4th grade are invited downstairs to Children Living the Word, returning before communion.

Loving God, who told us that whoever welcomes a child welcomes Jesus himself, bless these children. Guide us as we encourage them in your ways, so that they might become disciples who are your hands and feet and voice in this world. Amen.

The First Reading

Genesis 25:19-34

These are the descendants of Isaac, Abraham’s son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, “If it is to be this way, why do I live?” So she went to inquire of the Lord. And the Lord said to her,

“Two nations are in your womb, and two peoples born of you shall be divided;
the one shall be stronger than the other, the elder shall serve the younger.”

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau’s heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, “Let me eat some of that red stuff, for I am famished!” (Therefore he was called Edom.) Jacob said, “First sell me your birthright.” Esau said, “I am about to die; of what use is a birthright to me?” Jacob said, “Swear to me first.” So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord. **Thanks be to God.**

Psalm 119:105-112

105 Your word is a lantern to my feet *
and a light upon my path.

109 My life is always in my hand, *
yet I do not forget your law.

106 I have sworn and am determined *
to keep your righteous judgments.

110 The wicked have set a trap for me, *
but I have not strayed from your commandments.

107 I am deeply troubled; *
**preserve my life, O Lord, according to
your word.**

111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

108 Accept, O Lord, the willing tribute of my lips*
and teach me your judgments.

112 I have applied my heart to fulfill your statutes *
for ever and to the end.

The Second Reading

Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law - indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord. **Thanks be to God.**

Please stand as you are able.

Gospel Hymn

Seed, Scattered and Sown

Gather 830

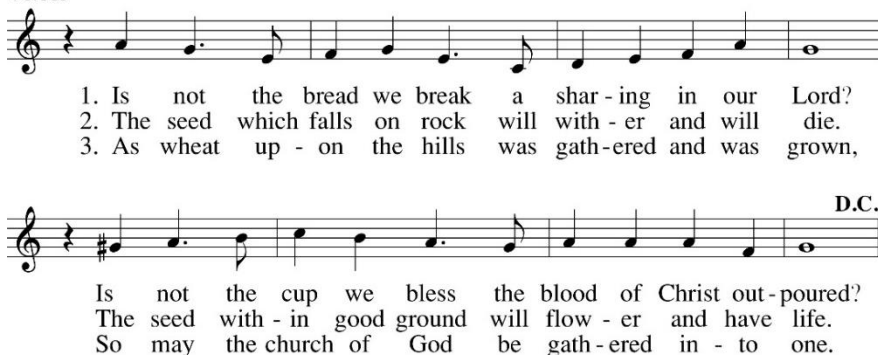
We will sing v. 1-2 before the reading of the Gospel, v. 3 following

Refrain



Seed, scat-tered and sown, wheat, gath-ered and grown,
bread, bro-ken and shared as one, the Liv-ing Bread of God.
Vine, fruit of the land, wine, work of our hands, one cup that is
shared by all; the Liv-ing Cup, the Liv-ing Bread of God.

Verses



1. Is not the bread we break a shar-ing in our Lord?
2. The seed which falls on rock will with-er and will die.
3. As wheat up-on the hills was gath-ered and was grown,
D.C.
Is not the cup we bless the blood of Christ out-poured?
The seed with-in good ground will flow-er and have life.
So may the church of God be gath-ered in-to one.

Text: *Didache* 9, 1 Corinthians 10:16-17, Mark 4:3-6; Dan Feiten, b.1953
Tune: Dan Feiten, b.1953; keyboard arr. by Eric Gunnison, R.J. Miller
© 1987, Ekklesia Music, Inc.

The Holy Gospel

Matthew 13:1-9,18-23

Deacon
People

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke

the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

Sermon

“The Light of Scripture”
The Rev. Kyle Carswell

Please stand as you are able.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the
Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius
Pilate; he suffered death and was buried.
On the third day he rose again in accordance with
the Scriptures; he ascended into heaven and is
seated at the right hand of the Father. He will
come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord,
the giver of life, who proceeds from the Father,
who with the Father and the Son is worshiped
and glorified, who has spoken through the
prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness
of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Form V

BCP 388

In peace, let us pray to the Lord, saying, "Lord, have mercy."

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord. **Lord have mercy.**

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord. **Lord have mercy.**

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord. **Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord. **Lord have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord. **Lord, have mercy.**

For all who have commended themselves to our prayers, especially Emily Shea, Larry Shea, Frank Harrison, Dan Lovett, and Stephen Arnold; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord. **Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord. **Lord, have mercy.**

We give you thanks for the blessings of this life:

For those celebrating a birthday, especially Scott, Beth, and Sandra;
For those to be married, especially Katie & Ben and Abigail & Garth;
For those celebrating an anniversary, especially Alan & Julie and Nancy & Joel;
For those expecting a child, especially Callie & Eric, Jenna & Regan, and Dana & Zach;
For our Ministry of the Month, Centering Prayer; and
For our 2nd Offering Partner in July, Iowa Migrant Movement for Justice.

Let us pray for our own needs and those of others:

For those in service to our country, especially Scott, Jack, Marshall, Parker, and Zohntay;
For those seeking ordination, especially Alex and Kate;
For those in discernment for ministry, especially Joe;
For St. Andrew's, Trinity Cush, St. Luke's, and St. Mark's in Des Moines, St. Matthew-by-the-Bridge in Iowa Falls, Church of the Good Shepherd in Webster City, and Grace Church in Boone in the Diocese of Iowa;
For the clergy and all people of our companion Dioceses of Brechin, Nzara, and Eswatini;
For all victims of gun violence; and
For the victims of war and oppression, and for all who seek a just peace.

Rejoicing in the fellowship of the ever-blessed Virgin Mary, St. Timothy, and all the saints, let us commend ourselves, and one another, and all our life to Christ our God. **To you, O Lord our God.**

Silence

Deacon For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. **Amen.**

The Confession

BCP 360

Deacon Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Priest The peace of Christ be always with you.
People **And also with you.**

Announcements

THE LITURGY OF THE TABLE

The Offertory

Organ Voluntary

Please stand as you are able.

Doxology

From All That Dwell Below

Hymnal 380, v. 3

**Praise God, from whom all blessings flow; praise him, all creatures here below;
Praise Him above, ye heavenly host: praise Father, Son, and Holy Ghost.**

The Great Thanksgiving

Eucharistic Prayer A

Presider The Lord be with you.
People And also with you.
Presider Lift up your hearts.
People We lift them to the Lord.
Presider Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Hymnal 5125

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.**

Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Therefore we proclaim the mystery of faith:

Presider and People

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

The Lord's Prayer

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Priest Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

Communion

You do not need to be a member of this church or of any church to receive communion.

*To receive the sacrament, come forward and stand or kneel at the rail. The wine is received by intinction, by dipping the bread into the chalice. Please let the clergy know if you require a **gluten-free wafer**. To indicate that you would prefer a **blessing only**, cross your arms across your chest. **If you are unable to come forward**, please notify an usher and the sacrament will be brought to you.*

Music at Communion

Organ Voluntary

Please stand as you are able.

Prayer after Communion

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

1 Fair - est Lord Je - sus, Ru - ler of all na - ture, O thou of
 2 Fair are the mea - dows, fair - er still the wood - lands, robed in the
 3 Fair is the sun - shine, fair - er still the moon - light, and all the

God and man the Son; thee will I cher - ish,
 bloom - ing garb of spring: Je - sus is fair - er,
 twink - ling, star - ry host: Je - sus shines bright - er,

thee will I hon - or, thou, my soul's glo - ry, joy, and crown.
 Je - sus is pur - er, who makes the woe - ful heart to sing.
 Je - sus shines pur - er, than all the an - gels heaven can boast.

Words: German composite; tr. pub. New York, 1850, alt. Music: *St. Elizabeth*, melody from *Schlesische Volkslieder*, 1842; harm. Thomas Tertius Noble (1867-1953).

Dismissal

Deacon Alleluia! Alleluia! God has poured out the Holy Spirit on us. Let us now go out with the Spirit as our guide to spread the love of God to all we meet.

People **We will with God's help. Alleluia! Alleluia!!**

Postlude

Following our Sunday morning service, please join us for Coffee Hour in our Parish Hall.

MINISTERS OF THE SERVICE

Presider/Preacher

The Rev. Kyle Carswell

Deacon

The Rev. Jeanie Smith

Music Director

Don Agee

Acolytes

Lucy Luft, Luke Luft, Maggie Luft

Chalice Bearers

OPEN (5 pm)

Larry Shea, Elizabeth Slocum (10:15 am)

Lectors/Litanist

OPEN (5 pm)

Chris Bice, Millie Luft (10:15 am)

Oblation Bearers

Jennie McKinney (5 pm)

Sandra Marshall (10:15 am)

Ushers

Alex Volker (5 pm)

Larry Shea, Mark Marshall (10:15 am)

Altar Guild

Jennie McKinney (5 pm)

Annie Waskom, Marjorie Joelson (10:15 am)

Offering Counters

Scott Brennan, Larry Anderson

Live Stream Coordinator

Colleen Krantz

Vestry Representative

Mary Bartusek

MINISTRY OF THE MONTH



CENTERING PRAYER

The experience of "praying the scriptures" is an ancient practice that has been bringing people closer to God for centuries. Also known as "Lectio Divina," this practice involves four stages: Read, Reflect, Respond, and Rest.

Listening to the word of God in Scripture is a traditional way of cultivating friendship with Christ. It is a way of listening to the texts of Scripture as if we were in conversation with Christ and He were suggesting the topics of conversation. The regular encounter with Christ and reflection on His word leads beyond mere acquaintanceship to an attitude of friendship, trust, and love. Conversation simplifies and gives way to communing.

This is a rewarding discipline to be experienced in a group. Please join us and experience both prayer and scripture on a deep level.

To learn more or experience a session of centering prayer at St. Timothy's, please contact Tim Goldman at timothyjgoldman@gmail.com.

For more information and centering prayer resources, visit centeriowa.org. Additional links to resources can be found in our weekly e-news.

COMING UP

THE COMING WEEK

Monday, July 13

6:30 pm Scouts

Wednesday, July 15

11:30 am Men's Lunch at Palmer's

Thursday, July 16

11:30 am Ladies Who Lunch

6 pm 3rd Thursday at Des Moines Biergarten

Friday, July 17

10 am BBB

Saturday, July 18

9 am Centering Prayer

No 5 pm Holy Eucharist

Sunday, July 19

9:45 am Nursery Care Available at Covenant

10:15 am Combined Service with Covenant

No Children Living the Word

11:30 am Coffee Hour

Noon VBS Volunteer Training

4 pm Youth Room Painting



YOUTH ROOM PAINTING

SUNDAYS, JULY 12 & 19 | 4 PM

As we prepare our high school youth room for next fall, we're planning to apply some new paint to the walls! We're looking for a few folks to help with painting on two Sundays in July. If you're available to help on one or both dates, please contact Kelli at formation@sttimothyiowa.org.



3rd THURSDAY

THURSDAY, JULY 16 | 6 PM

DES MOINES BIERGARTEN | DES MOINES WATERWORKS PARK

It's summer, so we headed back to Des Moines Biergarten! As always, you're welcome to come to hang out, have a beverage, grab some street food, and enjoy live music and yard games – it's your night out! If you haven't been to this summer celebration before, check out all that they offer at desmoinesbiergarten.com

Please join us if you're able!

Questions? Please contact Sarah Bunch at sj.bunch626@gmail.com

COMBINED SERVICE WITH COVENANT



SUNDAY, JULY 19

10 AM | HYMN SING

10:15 AM | WORSHIP

Our combined service with Covenant will take place at Covenant this year, then we will bless our Faith & Grace Garden as a shared ministry of our congregations and continue on to St. Timothy's for a time of food and fellowship together.

Nursery care for children up to 5 years old will be available at 9:45am.

There will be no 5 pm service on Saturday, July 18. We hope all of our 5 o'clock worshippers will join us on Sunday morning for the celebration!

VBS



VOLUNTEER TRAINING SESSION

SUNDAY, JULY 19
following
fellowship with
our Covenant
guests.

Training takes
place in the
Gathering Center -
we hope you are
able to join us!

AUGUST 2-6 | 5:30 PM to 8 PM

ST. TIMOTHY'S

**Compassion Camp:
What Every Living Thing Needs**

The Des Moines area Episcopal Churches are joining together to hold our summer Vacation Bible School. The theme for the week is "Compassion Camp: What Every Living Thing Needs." We'll invite kids to explore the elements all living things need to survive, incorporating Bible stories, crafts, music, and games. Dinner is provided for the children each night.

All students in Pre-K through 5th Grade (based on coming school year) are welcome! Those in 6th grade and up can serve as volunteers.

REGISTRATION IS OPEN!

Registration fee is \$20 per child. Please let us know if the fee is a barrier. We want all children to be able to participate, regardless of financial situation.

For more info & to register, visit sttimothyiowa.org/vacation-bible-school

We'd also like your help with gathering supplies for VBS!

Consider donating items on our supply list using the link above. Supplies can be dropped off in the Parish Hall, and monetary donations are also welcome! Donations can be made here: sttimothyiowa.org/donate, choosing **VBS** from the drop-down menu.



If you would like to donate for future altar flowers, contact the church office or click "Donate" on the church website.